

## Serve • Pray • Play

## June 11-19

July 5-13

## August 4-14

Serving with Sisters is a summer volunteer program for young women ages 18-35 with opportunities for:

- Service projects at the Carmelite Sisters' apostolates of health care, retreat work, and education
- Building team work and leadership skills
- Special outings to the beach and mountains
- · Classes on Carmelite Spirituality and the spiritual life



For more information, visit our website at **bit.ly/cs-sws-seek** or contact **beautyofcarmel@csocd.com** with any questions.

Carmelite Sisters of the Most Sacred Heart of Los Angeles 920 East Alhambra Road, Alhambra, California 91801

- Daily prayer, Eucharistic Adoration, and opportunity for daily Mass
- Community building activities
- Recreation with the Carmelite Sisters
- Building friendships with other Catholic women